

MelanoPro Client Information

What it is Melanopro Peel System:

It is a clinical-strength peel program that delivers visible results in less than 6 weeks. This transformative 2-phase regimen works to visibly counteract environmental skin damage – fading dark spots, reducing the appearance of hyperpigmentation, and smoothing skin's texture to reveal fresh, brighter skin.

Who it's for:

Melanopro Peel System is an effective treatment regimen for anyone who experiences hyperpigmentation concerns: sun spots, scarring, melasma, dull skin, rough texture. It has been tested on all skin tones.

Melanopro Peel System has 2 phases, and products last up to 6 weeks.

phase 1:

Intensive Peeling Masque (Day 1)

- Professional application (45 min)
- Removed at home (2-7 hours later)

phase 2:

Resurfacing Moisturiser (4-6 weeks)

- Home applications: 2-3 times daily
- Day 1-6 flaking
- Day 7-15 adjustment
- Day 16-48 results peak

Pre-treatment information

These pre-service guidelines are important to follow to achieve the best results from the service.

- This system is not advised with those with highly sensitive skin, or those who have skin conditions such as rosacea, eczema, etc.
- Do not use topical skin care products containing ingredients that may increase skin sensitivity such as retinoids, exfoliants, topical antibiotics, or hydroxy acids one week prior to treatment.
- Avoid Accutane six months prior to service. Consult with your prescribing physician for guidance.
- Avoid waxing, depilatory creams, or electrolysis on the face five days prior to treatment.

- Avoid IPL/laser procedures at least two weeks prior to treatment.
- Avoid unprotected sun exposure or sunburn at least two weeks prior to treatment.
- Avoid experimenting with new skin care products 2 weeks before treatment.

Patch testing and consultation:

Patch testing is recommended 24-48 hours prior to using the Melanopro Peel System. Patch testing is a way to gauge if you may be contraindicated to treatment.

You will also be asked to complete a full medical consultation prior to patch testing and if you are contraindicated to Melanopro for other reasons during consultation, then you are contraindicated for the patch test, therefore the patch test will not proceed.

At-home peel removal

After the Masque application you will need to stay in the clinic for 30 to 45 minutes after the in order to monitor any possible skin responses such as redness and/or burning.

You will be guided through the different steps of removal at home, and what to expect during the home care treatment program.

We will set up appointments (virtual or in-person) to check in on you every week, as well as a skin treatment once the home care program has been completed.

You will need to keep the masque on your skin for four to seven hours (depending on your skin analysis/skin concern, skin tone, and type).

Please note: seven hours is the maximum time allowed for use

.* *If the skin is unable to tolerate the recommended masque leave on time, please remove and contact your skin therapist. The masque can be removed gently in the shower or at the sink with light fingertip circles on wet skin. A soft damp cloth may be used to facilitate the removal but avoid rubbing or using heavy pressure. Do not splash the face with water. Avoid getting the masque in the eyes. Rinse clean and gently pat dry. This will remove the Peel but avoid any heavy friction, as skin may become more sensitive

After peel care (evening of treatment) and day 2

- Do not apply any product (serum, moisturiser, etc.) except for Dermalogica UltraCalming Mist.
- Spray Dermalogica UltraCalming Mist to soothe skin (if skin feels tight or hot). Use as often as needed. day 3 until treatment completion
- Apply a five pence piece amount of the Continuous Resurfacing Cream twice a day (AM and PM) for the first two to three days.

- After starting the cream, the skin may feel stimulated upon application (for the first few days). This feeling should dissipate within 15-20 minutes. If the stimulation is felt longer, please consult with their skin professional. They will either suspend the use of the cream for a few days or reduce usage to one daily application.
- If skin feels sensitive, spray Dermalogica UltraCalming Mist to soothe skin. Use as often as needed.
- Apply cream up to three times per day, for up to six weeks (or until the entire tube is used).

Precautions for use

- Avoid contact with the eyes, lips, and mucous membranes. In case of accidental contact, wash thoroughly with water.
- Not recommended for children under the age of 18.
- Do not use products with AHAs, BHAs, enzymes, exfoliants or Retinol during the treatment. • Make-up may be applied once any redness from the application of the Melanopro Peel System has stopped.
- Avoid sun exposure during the home care program. contraindications
- This system is not advised for those with highly sensitive skin or those who have skin conditions such as rosacea, eczema, etc.
- Not for use on those that have sunburned skin.
- Not for use on pregnant or breastfeeding women.
- Not for use on those with active cold sores.
- Not for use on those with open skin lesions.
- Not for those currently using Isotretinoin in the past 6 months.
- Not for those with a history of diabetes.
- Not for those prone to keloid scars.
- Not for use on those who have had injectables in the past 14 days.

Frequently asked questions

What prep should be done prior to using Melanopro Peel System?

It is recommended to prime skin before Melanopro. We suggest performing a Pro Power Peel service 2 to 4 weeks prior to the start of Melanopro Peel System. For homecare priming, using brightening products beforehand such as PowerBright or products from the BioLumin-C franchise is recommended. It is best to stop using Retinol products within 1 week prior to the start of Melanopro.

If you experiences highly active and uncomfortable sensations 30 to 45 minutes after the Day One Peeling Masque has been applied, what are the instructions?

In the case of an overactive and hot sensation which does not stop after 30-45 minutes, remove the masque, and use UltraCalming Mist to soothe the skin. Apply Pro Restore and Stabilising Repair Cream - use both products at home

until the discomfort has stopped. Wait 48 hours (about 2 days) and check if you can start using the cream. If not, stop the process entirely.

Apart from tingling and a slight feeling of sunburn, what else might you experience on your skin? How long will the client's skin peel?

We see skin redness and a slight irritating sensation, tingling and occasional itchiness as the most common effects. If there is swelling, extreme redness or it is highly uncomfortable, discontinue the peel. The skin usually peels between days 3 and 7. We have had instances where peeling lasted up to 14 days (about 2 weeks), but it is rare.

What skin treatment would you suggest once home care has been completed?

Pro Calm is a great option to boost hydration, soothe and calm the skin. You will often find that you might need at least 2-3 weeks after Melanopro Peel System before their next professional skin treatment.

Once the Day One Peeling Masque is applied in the skin clinic and I go home do I need to keep the Masque moist through the day?

No, you do not. You will leave it on for the suggested time and gently remove with water.

If you do need to remove the masque earlier than the time limit given because you cannot tolerate it, what is the advice?

Very gently remove the masque with tepid water and fingertips and then spray the skin with UltraCalming Mist. Call us so we can virtually assess how the skin looks and pictures are helpful. If skin is somewhat flushed, you will likely be able to follow the protocol. You may need to wait 3-4 days before using the cream. If skin is looking highly irritated, swollen and there is a certain level of pain then you need to come back and see us. It is best to stop the Melanopro Peel System in this situation.

Can clients use Melanopro treatment if pregnant or nursing?

No, the Melanopro Peel System cannot be used on pregnant clients or those who are lactating or breastfeeding.

How long does it take to see the results?

Results can vary by individual. Many users start seeing noticeable improvements within a few weeks of continuous use.

Is Melanopro safe for all skin tones?

Yes, it is safe for all skin tones. There are different protocols that allow us to customise Melanopro Peel System for every skin tone and unlock remarkable results for everyone.

It is important to perform a patch test before use to ensure there are no adverse reactions.

How often can Melanopro Peel System be performed?

Melanopro can safely be performed every six months.

Can Melanopro Peel System be offered to a client with inflamed acne?

It is not recommended to offer Melanopro to anyone with inflamed acne.

Can Melanopro Peel System be offered during the summer months?

If you are compliant with the instructions given by your skin therapist, then Melanopro can be offered during summer. It is however recommended to do Melanopro in autumn and in winter where there is less sun exposure which may interfere with the effectiveness of the treatment.

Do I keep using my usual serums while using the Continuous Resurfacing Cream during the Melanopro treatment?

It is not recommended to use serums during the Melanopro Peel System treatment as these may interfere with the effectiveness of Melanopro. We strongly suggest following the instructions as per the instructions given to you by your skin therapist for optimal results.

Well-researched and effective skin brightening active ingredients

Azelaic Acid is a tyrosinase enzyme inhibitor that has been shown to reduce melanin production. It also gently exfoliates the skin and removes the dull upper layers of the skin, which helps speed up skin cell turnover.

Tranexamic Acid, derived from amino acids, is a potent active ingredient known for its ability to inhibit the activity of a specific enzyme. By inhibiting this enzyme, Tranexamic Acid effectively interferes with the process of melanin production, resulting in a reduction in hyperpigmentation and a more uniform complexion.

Salicylic Acid (SA), also known as Beta Hydroxy Acid (BHA), is a type of acid that possesses lipophilic properties, allowing it to penetrate the lipid barrier of the epidermis effectively. It works to reduce the adhesion of corneocytes (skin cells) by disrupting cellular junctions. This action loosens the bonds between cells, facilitating their detachment from the skin's surface. As a result, Salicylic Acid helps promote the shedding of dead skin cells, leading to a smoother and more even-toned complexion.

Glycolic Acid and Lactic Acid belong to the group of AHAs (Alpha Hydroxy Acids). They penetrate through the stratum corneum to induce the removal of the outer skin layers by disrupting the cohesion between keratinocytes (skin cells). Both acids also have moisturising properties.

Retinol is a powerful form of Vitamin A that penetrates the outer layer of skin, known as the stratum corneum. Once absorbed, it is converted to Retinoic Acid to enhance cell turnover, allowing new skin cells to make their way to the skin's surface faster than they would naturally. Retinol also plays a crucial role in inhibiting a specific enzyme responsible for melanin synthesis, leading to a reduction in the production of skin pigment, melanin. This property contributes to a brighter and more even skin tone.

Niacinamide, also known as Pro-Vitamin B3, inhibits the transfer of melanin-containing structures called melanosomes to keratinocytes, thus preventing melanin from reaching the skin's surface. This mechanism helps reduce the appearance of dark spots and uneven skin tone.

Acetyl Hexapeptide-1 (peptide) is a powerful depigmenting agent that decreases the production and activity of a specific enzyme resulting in reduced amount of melanin produced in the melanosomes, number and size of melanosomes, and melanosome transfer to keratinocytes.