

# THE RABEAUTIC

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## BEAUTY & AESTHETICS CLINIC

### **MICROBLADING AFTERCARE**

You may experience flaking, tenderness, dryness, itching and sometimes swelling or redness

If you are feeling less than 100% healthy, your treatment may take longer to heal and symptoms may feel more severe.

### **USE THE FOLLOWING FOR 7 DAYS**

1. Apply aftercare balm provided to the area at least twice to three times a day using a clean cotton bud, starting 24+ hours after the procedure
2. Wash your hands before and after each application
3. Cleanse the rest of your skin as normal AVOIDING the treated area. Keep the treated area dry at all times (cleansing wipes work well)
4. If the treated area gets wet, gently pat dry with a clean towel or tissue. Do not rub or wipe dry.

DO NOT: expose the treated area to extreme heat or cold until fully healed (sunbeds, sunbathing, saunas, steam baths etc)

DO NOT: Apply vaseline to the treated area. It will make the area sweat, causing the pigment to heal incorrectly. Vaseline can be used after 7-10 days to act as a barrier when going swimming etc. Chlorinated pools will make the pigment fade quicker.

DO NOT: Scratch, pick or rub the area as this will cause the colour to heal unevenly and could cause scarring and infection.

### **TRUST THE PROCESS**

The colour will be 40-60% darker straight after treatment.

It will start fading after 4-7 days, but the true colour won't come through until up to 4 weeks after initial treatment (this is why you have to wait 4-8 weeks before you can have your second treatment).

It may even look as if the colour has disappeared completely during this time, as the healing skin may obscure the colour for a short time.

### **GENERAL POST PROCEDURE INFORMATION**

In order to keep your brows in perfect condition, you may need to have a COLOUR BOOST (maintenance procedure) every 12-18 months. This varies by individual as different skin types retain pigment differently. See prices for Colour Boosts.

To avoid pigment fade as much as possible, use at least a SPF 30 sunscreen when subjected to excessive UV exposure.

If you need MRI scans, you should inform your radiologist that you have semi-permanent makeup, as this can sometimes appear on a scan.

Laser hair removal can fade or change the shade of your brow colour. Inform your laser technician.

You will not be eligible to donate blood for at least 6 months after microblading. Inform the National Blood Service when you next donate blood.

Wash your hands carefully and keep your fringe away from the treated area while healing. This will help minimise risk of infection and irritation.